



**Depression and Bipolar Support Alliance  
National Capital Area Chapter  
Spring 2009 Guest Speaker Series**

**Thursday, March 26**

**Francis M. Mondimore, M.D.**  
“From Manic Depression to Bipolar NOS:  
100 Years of Mood Disorders”  
Professor of Psychiatry,  
Johns Hopkins University

Author:

- *Bipolar Disorder: A Guide for Patients and Families*
- *Adolescent Depression: A Guide for Parents*
- *Depression, the Mood Disease*
- *A Natural History of Homosexuality*

Book Sale and Signing: 6:30 to 7:25 PM

**Thursday, April 30**

**David Lovelace Discusses His Book:**  
*Scattershot: A Memoir of My Bipolar Family*  
[www.davidlovelace.info](http://www.davidlovelace.info)

From Publisher's Weekly: Scattershot is Lovelace's poignant, humorous, and vivid account of the disease's effects on his family, and his gripping exploits as he spent his life running from—and finally learning to embrace—the madness encoded on his genes.

Book Sale and Signing: 6:30 to 7:25 PM

**Dr. Mondimore and Mr. Lovelace are both recipients of the Ken Book Award** presented annually by NAMI NYC for “outstanding books which have substantially contributed to the public's awareness and better understanding of mental illness.”

**About DBSA**

DBSA is the country's largest patient run mental health advocacy organization. Our mission is to improve the lives of people with mood disorders and their families through education, support and advocacy. Chapter programs are conducted by volunteers who are devoted to fulfilling this mission. Join our e-list: [hello@dbsanca.org](mailto:hello@dbsanca.org)  
Visit [www.DBSAAlliance.org](http://www.DBSAAlliance.org) for a directory of our 1000 support groups meeting across the country.

**Thursday, May 7**

**Frederick K. Goodwin, M.D.**  
“Treatment of Bipolar Disorder:  
Challenges and Controversies”  
Research Professor of Psychiatry, George Washington  
University Medical Center  
Former Director: NIMH  
Co-Author: *Manic Depressive Illness: Bipolar Disorders  
and Recurrent Depression*

Dr. Goodwin is a recipient of the major research awards in his field, including the APA's Hofheimer Award, the International Anna Monika Prize, NARSAD's Lieber Prize, NAMI's Distinguished Service Award, the American Foundation for Suicide Prevention's Research Award, Psychiatric Times' Psychiatrist of the Year, and NDMDA's (the current DBSA) Jan Fawcett Humanitarian Award.

**Thursday, June 4**

**Frederick M. Jacobsen, M.D., M.P.H.**  
“Annual Update on Psychopharmacology for the  
Treatment of Mood Disorders”  
Clinical Professor of Psychiatry, George Washington  
University School of Medicine  
Former Researcher: NIMH  
One of the Country's Best Psychiatrists: NAMI  
National DBSA Medical Advisor of the Year  
DBSA NCA Medical Advisor Since 1987

**All Presentations Begin at 7:30 PM**

**George Washington University  
Hospital Auditorium** (Basement Level)  
900 Twenty-Third St. NW, Washington, DC  
Adjacent to the Foggy Bottom Metro Station  
Parking Garage: 22<sup>nd</sup> Street, Between H and I Streets  
FREE and Open to the Public  
Voluntary Contributions Encouraged

**Tax exempt contributions may be sent to PO Box 341191, Bethesda, MD 20827-1191.**

**We extend our appreciation to the Psychiatric Institute of Washington for funding the printing of this flyer.**