

Depression and Bipolar Support Alliance » National Capital Area Chapter

www.dbsanca.org

(DC, MD, VA - Regional DBSA Affiliated Local Support Groups)

DAY	TIME	LOCATION	CHAPTER / MEETING TYPE	CONTACT
MONDAY	6:30pm – 8:30pm (1 st & 3 rd Mondays)	Essex / Baltimore Public Library 1110 Eastern Blvd., Essex, MD 21221	DBSA Baltimore County Depression & Bipolar	www.dbsabaltimorecounty.com (443) 926-4454
TUESDAY	7:30pm (Every Tuesday)	Centreville United Methodist Church 6400 Old Centreville Rd. Centreville, VA 20121	DBSA-NOVA Bipolar	www.dbsanova.org bipolarhope@dbsanova.org (703) 349-0944
TUESDAY	7:00pm (Alternate Tuesdays)	14369 Round Lick Lane Centreville, VA 20120	DBSA-NOVA (FAMILY & FRIENDS of people with bipolar)	www.dbsanova.org/lovedones.html lovedones@dbsanova.org (703) 349-0944
WEDNESDAY	8:00pm (Every Wednesday)	Ashburn Psychological Services 2nd Floor Room 214 44110 Ashburn Shopping Plz, Ashburn, VA 20147	DBSA Ashburn Bipolar	ashburn@dbsanova.org (forwarded to appropriate party)
WEDNESDAY	7:00pm (Alternate Wednesdays)	Christ Lutheran Church 8011 Old Georgetown Rd. Bethesda, MD (Between Battery Ln. & Glenbrook Rd.)	DBSA Montgomery County Depression & Bipolar	gnarlydude@msn.com (240) 401-2764
WEDNESDAY	7:30pm (Every Wednesday)	A.J. Ferlazzo Building 15941 Donald Curtis Dr. Suite 200, Group Room B Woodbridge, VA 22191	DBSA-NOVA Depression & Bipolar	www.dbsanova.org woodbridge@dbsanova.org (703) 349-0944
WEDNESDAY	7:30 PM (1 st Wednesday)	Parish Hall St. Raphael's Church Falls Road & Dunster Road, Rockville, MD 20854	DBSA-NCA (FAMILY & FRIENDS of people with mood disorders)	www.dbsanca-family.org feedback@dbsanca-family.org (301)299-4255 * (301) 570-9065
THURSDAY	7:00pm – 7:30pm - <i>Social</i> (Every Thursday) 7:30pm – 9:00pm- <i>Meeting</i> (Every Thursday)	George Washington Univ. Hospital 900 – 23 rd St. NW , 6 th Floor – Room 6111 Washington, DC (Metro Foggy Bottom)	DBSA-NCA Depression & Bipolar	www.dbsanca.org hello@dbsanca.org (202) 689-1250
THURSDAY	7:00pm (Every Thursday)	6245 Leesburg Pike 4th Floor, Conference Rm, Falls Church, VA 22044	DBSA Falls Church Depression & Bipolar	anc436@aol.com (703) 354-5104
FRIDAY	6:45pm - 8:45pm (2 nd & 4 th Friday)	Howard County General Hospital , Wellness Center 11055 Little Patuxent Pkwy, Suite L-9 Columbia, MD 21045	DBSA Howard County Depression & Bipolar	www.dbsahowardcounty.org dbsahowardcounty@yahoo.com (301) 575-6766
FRIDAY	7:30pm (3 rd Friday)	Parish Hall St. Raphael's Church Falls Road & Dunster Road, Rockville, MD 20854	DBSA-NCA (FAMILY & FRIENDS of people with mood disorders)	www.dbsanca-family.org feedback@dbsanca-family.org (301)299-4255 * (301) 570-9065
SATURDAY	3:00pm (Weekly Meeting)	Northern VA Mental Health Institute 3302 Gallows Rd., Falls Church, VA 22042	DBSA Falls Church Depression & Bipolar	anc436@aol.com (703) 354-5104